

## Meet the EACHOT team

The completion of the authentically co-created EACHOT project has only been possible through the commitment and dedication of a huge number of Occupational Therapists. Everyone is passionate about our Occupational Therapy profession and its potential to support meaningful individual employability and career progression. It has been a privilege and inspirational for me to work with the EACHOT team and to lead this project.



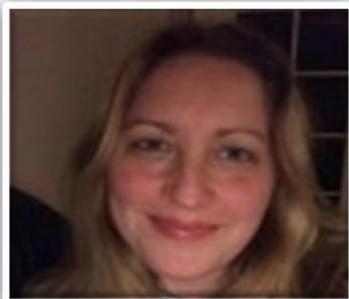
### Elizabeth Casson Fellow



**Lisa Taylor – EACHOT project creator and lead.**

 **EACHOT co-creators**

The co-creator roles were established and recruited to at the start of the EACHOT project April 2024 via an invitation within OT News and the Elizabeth Casson social media and established networks. The co-creators needed to represent a wide variety of professional and personal experiences, with a passion for employability and career development within the context of the Occupational Therapy profession. The co-creator role was voluntary, and the co-creators were integral to the project progression and completion. Each co-creator took on a variety of roles from co-facilitating the EACHOT community discussions, assisting with the thematic analysis, including reaching out to disadvantaged groups within the EACHOT community, creating and bringing together content for the EACHOT webpage and generally providing crucial support and sense checking for me during the project. A huge thanks to them all!



Catriona (Cat) Brown



Mandy Graham



Georgia Joseph



Emma Laird



Millie Pollitt



## The EACHOT community participants

As an authentic co-creation project the EACHOT community has grown as the project has progressed. At every stage of the project the wider Occupational Therapy community was invited to be part of the EACHOT community or contribute to the EACHOT project via an invitation within OT News and the Elizabeth Casson and EACHOT team's social media and established networks and when the EACHOT team attended the OT Show 2024. Over 100 Occupational Therapists were EACHOT community participants and their voice has directed and shaped the EACHOT to what it is today – thank you to you all!

Please see the wide personal and professional characteristics that were represented from the EACHOT community participants at the beginning of the EACHOT project April 2024.

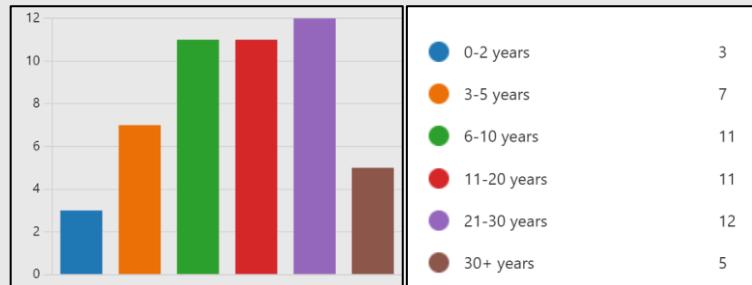
### EACHOT participant characteristics captured via questionnaire in Phase 1 (n=49)

**Gender identity** Male n=3 Female n=46

#### Geographical spread

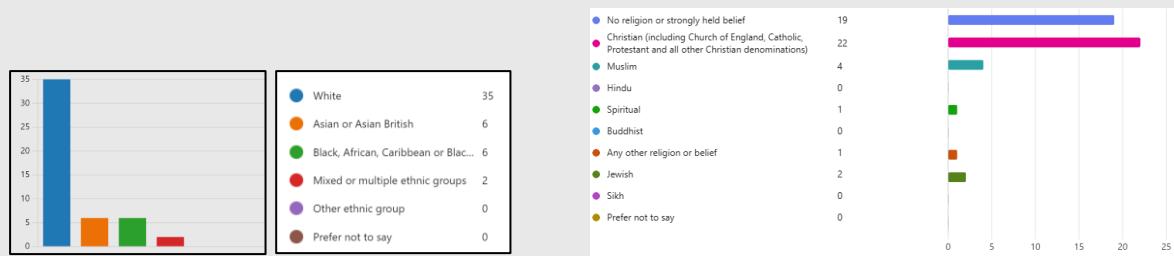


#### Length of time qualified (years)



#### Ethnicity

#### What is your religion or strongly held belief, if any?



### **Do you consider yourself to have a disability or to be disabled? – Yes (11) No (37)**

Prefer not to say (1). Details of disabilities were shared, and these represented an extensive list including (but not limited to) neurodiversity, dyslexia, anxiety disorder, hearing impairment, post-traumatic stress disorder, fatigue, arthritis and poor mobility/weakness.

In response to specific questions focussed on each of the areas of **clinical; management and leadership; research and education** experience, a wide range of experience across all areas were reported.