



## **Navigating EACHOT video transcript**

Hello, my name is Lisa Taylor. I'm the Elizabeth Casson Trust fellow and I have led the project that has created the employability and career hub for occupational therapists (the EACHOT). This short video is an introduction to the web pages and how you can access all of the supportive resources as you navigate your way through the EACHOT. As you scroll down the landing page, you can see the imagery of the EACHOT project that shows what we're aiming to achieve from the EACHOT.

Along with some information about the information that is provided on the EACHOT and why the EACHOT was needed in the first place.

When you come towards the bottom of the web page, you will see the image and then lots of different titles. These are the different sections of the EACHOT. When you hover over each of the sections you will then be able to click on them and access the resources and information within each one. Each of these areas of the EACHOT have been created based on the response that we've had from the co creation process of the EACHOT project. So these sections have all been identified as important in supporting employability and career progression of occupational therapists.

I'm going to show you what each of those sections may look like by showing you this first one. Where am I now? So each of the sections when you click on them will come with who has created that section, but

also why this has been identified from the EACHOT community as needed. Then there's a summary information about what that section is focused on. Most of the sections will have videos or some other supportive visual information, but also at the bottom of most of the pages, if there are additional resources for you to look at and engage with and download. They are at the bottom under the resources banner, so all of the sections follow a similar construction, so you will have the title, the creator summary information about the need for this section and what the section is about and then any other supportive resources towards the bottom of the page.

Where there are opportunities for you to build your own documents, you will be able to download these documents onto your own devices and add your own personalised reflections and action planning. This is very much built within the whole of the EACHOT. There are also links to external websites. It was intended always intended to be a hub of information so what we've done is gathered information from occupational therapists as to what has been useful for them in various areas and then these have been listed on these sections as well. So hopefully that's just a brief introduction as to how to access the information on the EACHOT. You can work your way through each of the sections by hovering over each one and then clicking on them and then you will find those resources that you'll be able to then access and download if needed.

All the best and hope that this is really useful in supporting your employability and career progression.