

How to Use and Build the Evidence Base for Occupational Therapy



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Useful resources and future learning



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Useful Textbooks

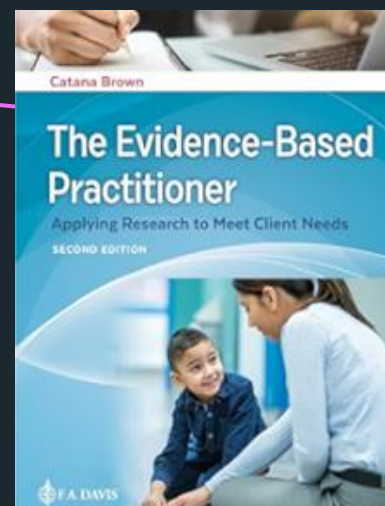
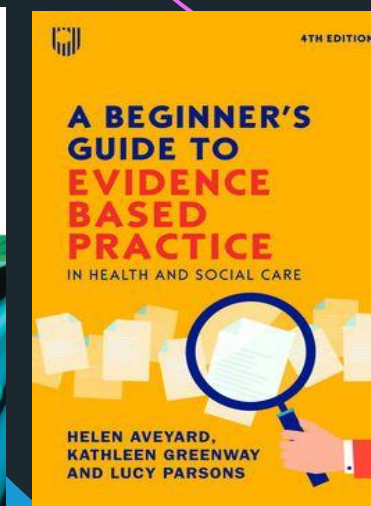
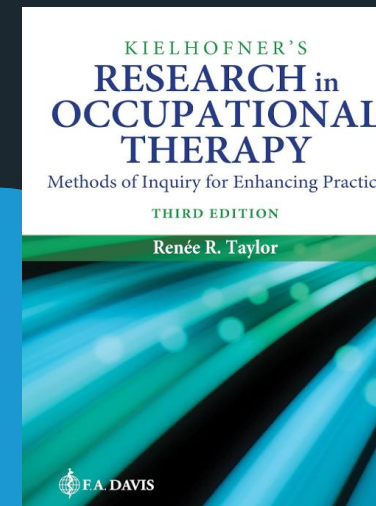
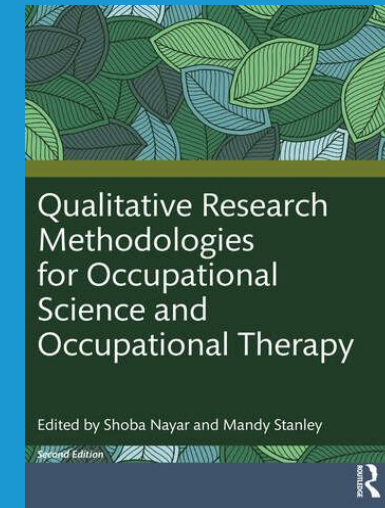
Aveyard, H., Greenway, K. and Parsons, L. (2023) *A beginner's guide to evidence based practice in health and social care*. 4th edn. McGraw-Hill UK Higher Ed.

Brown, C. (2023) *The evidence-based practitioner: Applying research to meet client needs*. 2nd edn. F.A. Davis.

Nayar, S. and Stanley, M. (2024) *Qualitative research methodologies for occupational science and occupational therapy*. 2nd edn. Routledge.

Rice, M., Stein, F. and Tomlin, G. (2019) *Clinical research in occupational therapy*. 6th edn. Routledge.

Taylor, R. (2023) *Kielhofner's research in occupational therapy: Methods of inquiry for enhancing practice*. 3rd edn. F.A Davis.





What additional learning could you undertake to develop your skills in using the evidence?



Understanding the research hierarchy



Exploring the top 10 research priorities in Occupational Therapy



Searching for credible sources



Developing critical appraisal skills



Applying standards, guidelines, policies etc to your work



Learning how to reference



Learning from lived experience

Research Events and Training

Elizabeth Casson Trust (ECT): Funding calls for research, conferences and PhD support (as well as free mentoring and leadership programmes for OT's). You can follow them on social media too [About Us - Elizabeth Casson Trust](#)

Royal College of Occupational Therapists (RCOT): If you're a member you should get regular updates from the R&D team (with lots of useful info re: funding calls, training etc) but if you don't think you are receiving them through just drop them an email: RDBulletin@rcot.co.uk You can also check out the research area on the website (exclusive content for members only)

National Institute for Health and Care Research (NIHR): NIHR ARC - Applied Research Collaborations (national newsletter) - sign up here [NIHR ARCs](#) They also have regional ARC's, priority areas (which might align with your clinical interests) and a seminar series too - why not have a scroll through their website when you have a spare 10mins [Applied Research Collaborations | NIHR](#) General research training and funding opportunities can be found via the main webpage [Homepage | NIHR](#)

Community for Allied Health Professions Research (CAHPR): [Home Page - CAHPR](#) Lots of free webinars, conversation cafes, and a list of AHP professors which is useful to know! They also have regional hubs - sign up to a hub mailing list to receive updates about research activities and events [Hubs Archive - CAHPR](#).



Hints and tips from fellow occupational therapists...

Network and find people who can support and guide you

*Give things a go!
Don't be afraid to not get it right the first time*

Connect with other Occupational Therapists who are interested in research

Take every opportunity and be brave and have courage in your ability

Reflect on where you want to be



Using AI to find
evidence – helpful or
harmful???



Using a generative AI tool such
as Co-pilot or ChatGPT:
Type into the search bar
“occupational therapy and...” -
an area of practice e.g. mental
health, paediatrics, stroke etc.

What does it find?

How do you know if this is
reliable and credible evidence?